

May 2017

JEWELL BLUEJAYS

LUNCH



USDA AND THIS INSTITUTION ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS.
LUNCH IS SERVED WITH MILK, FRUIT AND SALAD BAR



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Tuesday

Wednesday

Thursday

Friday

1
LIL' SMOKIES
MAC~N~ CHEESE

2
TUNA CASSEROLE OR
TATOR TOT TREAT

3
HAM AND SCALLOPED POTATOES
VEGGIE

4
CHICKEN NOODLE SOUP
DINNER ROLL

5
TACOS
CHIPS AND SALSA

8
HAMBURGERS
FRENCH FRIES

9
PULLED PORK SANDWICH
COLESLAW

10
CHICKEN ENCHILLADAS
RICE/BEANS

11
SLOPPY JOE
TATOR TOTS

12
SUB SANDWICH
CHIPS

15
CHICKEN GRAVY OVER
RICE OR POTATO

16
GRILLED CHEESE
SOUP

17
SPAGHETTI/BREAD
VEGGIE

18
BEEF STROGANOFF

19
NACHOS

22
B~B~Q MEATBALL
MASHED POTATOES

23
CHICKEN ALFREDO
BREAD/VEGGIE

24
TACOS/BURRITOS

24
PIZZA

26
FRENCH DIPS
FRIES

29
NO SCHOOL

MEMORIAL DAY

30
QUESADILLAS

31
LASAGNA/BREAD
VEGGIE

